

# Prominence Care Centers powered by Vera Whole Health

## Free Services



### PREVENTIVE CARE

Annual Whole Health Evaluation; immunizations; screenings; well woman exams; family planning; well child care ages 3+



### CHRONIC DISEASE MANAGEMENT

For example, diabetes; hypertension; depression



### SAME & NEXT DAY CARE

Coughs/colds; wound care; sprains and strains; rashes; urinary tract infections; back pain



### BONUS SUPPORT SERVICES

Health coaching; on-site labs; provider-dispensed medications; specialty care coordination and advocacy

## Welcome to Prominence Care Centers powered by Vera Whole Health!

Your employer has added the care centers as a network option as part of your medical health plan. This provides unlimited access to exclusive primary care in partnership with Vera Whole Health.

A full-time medical team and health coaches are dedicated to helping you get healthy, manage your healthcare costs, and coordinate all the care you need.

# The Vera Difference



We've designed the entire Vera experience with you in mind. At its most basic, it means time and empathetic listening. We've heard from so many patients that providers don't take the time to listen to them.

You should be able to come to the care center for most of your healthcare needs. If you need care outside of the care center, we'll coordinate it and conduct any follow-ups.

**We hope you'll put the team to the test — challenge them with all your questions, take your time, and ask for more. We'll be there for you.**

## FAQs

### Q: What if I already have a primary care doctor?

A: The Vera medical team will be there for you no matter who you see outside the care center. If you want to keep your primary care doctor, consider us an extension of your care team. It's even a great idea to put the Vera medical team in touch with your other providers so they can give you the exact care you need, when you need it. Your health always benefits when everybody communicates.

### Q: Will my personal health information be secure?

A: Yes, the care center is a HIPAA-compliant, private care provider and will keep your health information confidential.

### Q: Can I fill a prescription at the care centers?

A: Yes, select medications are dispensed at no cost to you as prescribed by Vera providers. All other prescriptions written by Vera providers can be filled at your local pharmacy, and are covered under the terms of your medical plan.

Prominence Health Plan complies with applicable Federal civil rights laws and does not discriminate based on the basis of race, color, national origin, age, disability, or sex.

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Reno  
775-299-4649



Carson City  
775-546-2180



## Quick Facts:

**Visits are by appointment only** for quicker access and longer visits. Same-day and next-day appointments are available. Our goal is no wait time and as much time with your provider as you need.

**Your costs are covered.** All visits and Vera-dispensed medications are free to you.

**Personalized care team.** Vera care teams work with patients to create custom health plans, and can coordinate all the care they need.

**The care center is HIPAA compliant.** Your medical information is confidential.



The current system of sick care combined with skyrocketing healthcare costs have resulted in a medical model lacking the quality and value employees deserve.

**At Prominence Care Centers, patients have a medical home they can depend on, today and in the future.**

We build and operate local health care centers dedicated to serving Prominence Health Plan members of select employer groups. At the care centers, these members can receive unlimited, cost-free access to comprehensive care teams - doctors, nurses and health coaches. All on top of their benefit plan.





Prominence Health Plan has partnered with Vera Whole Health to bring a whole health approach to Prominence members in our communities.

The Vera model was designed to serve as the hub for care delivery and support an integrated team focused on total member health.

**Services include:**

- **Primary and preventive care:** Annual evaluation, episodic care, chronic disease management, pediatrics
- **Formulary and laboratory:** On-site labs, provider-dispensed medications, injections and immunizations
- **Wellness:** Face-to-face coaching, health assessments and biometric screens
- **Management services:** Risk stratification, referral management and population health management

Vera clinics generate a 25% net return on investment due to a substantial reduction in member health claims – ER, inpatient/outpatient, specialty care, and labs/Rx. And they generate cumulative savings over time due to continually improving member health and cost containment from network efficiency.

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**We focus on whole health care and exceptional care center experiences to improve patient outcomes and empower employees to take ownership of their own health.**

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“Instead of going to the ER for every malady, which drives up costs, our staff can go to the care center and come up with a plan for their whole life instead of a plan for the moment. ... You are going to find that people at the care center are listening to you and really take the time to get to know you as a person. And that’s been missing from medical care for a long time.”

**Jose Delfin Ed.D.**  
*Carson City School District, Associate Superintendent*

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**Contact Prominence Health Plan today to find out more.**  
888-840-9080 | [PHPSalesTeam@uhsinc.com](mailto:PHPSalesTeam@uhsinc.com)

**Prominence**  
**Care Centers**