



Limited Purpose Flexible Spending Account

Save on Vision and Dental Expenses

A Limited Purpose Flexible Spending Account (LPFSA) is much like a General Purpose Healthcare Flexible Spending Account (also known as a Healthcare FSA or HCFSA). However, a LPFSA only reimburses out-of-pocket vision and dental expenses for you, your spouse, or eligible dependents.

How It Works

Money is set aside from your paycheck before tax. You may then use your pre-tax LPFSA dollars to pay for eligible vision or dental expenses throughout the plan year. You save money on expenses for which you are already paying, such as dental checkups, vision exams, and eyeglasses.

When determining your contribution amount, it is important to understand how your employer's plan works and the maximum allowed contribution amount per plan year. Remember, the LPFSA may only reimburse vision and dental expenses.

Maximize Your Health Savings Account

A LPFSA is a great option for Health Savings Account (HSA) participants since it is HSA compatible. A LPFSA reimburses eligible out-of-pocket vision and dental expenses while core eligible medical expenses would be reimbursed from your HSA. By using the account on vision and dental expenses, you can focus on increasing your HSA balance from year to year.

Did You Know?

The Internal Revenue Service sets the annual contribution limits. You may set aside as little or as much as you want, up to the legal limit and limit set by your employer, based on what your family needs.

Visit with your American Fidelity Assurance Company account manager to learn more about this important account.