

#### **TMFPD PPO HD**

This disclosure statement provides only a brief description of some important features and limitations of your policy. The Certificate of Coverage (COC) sets forth in detail the rights and obligations of both you and the insurance company. It is important you review the COC once you are enrolled.

If you have questions about this summary of benefits (SOB), please call Prominence Health Plan Customer Service at 800-863-7515 or TTY Operator Assistance at 800-326-6868. Our website, www.prominencehealthplan.com, also serves as an important resource and includes information about provider directories, urgent care and emergency care locations and more

### CALENDAR YEAR DEDUCTIBLE (CYD) ANNUAL OUT-OF-POCKET MAXIMUMS (OOPM)

(ALENDAR YEAR DEDUCTION	IN-NETWORK <sup>1</sup> : Member pays \$3,300 single; \$6,600 family OUT-OF-NETWORK <sup>1a</sup> : Member pays \$6,600 single; \$13,200 family
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A deductible is a set amount of covered charges occurring each calendar year which must be paid by the member before benefits are payable under this plan. Copays do not count towards the deductible.

This High Deductible Health Plan Includes an embedded individual deductible provision. An embedded individual deductible combines individual and family deductibles in a family health insurance policy. The plan will begin to pay benefits as soon as one member of the family reaches the individual deductible limit.

### ANNUAL OUT-OF-POCKET MAXIMUM

IN-NETWORK<sup>1</sup>: Member pays \$4,000 single; \$8,000 family OUT-OF-NETWORK<sup>1a</sup>: Member pays \$8,000 single; \$16,000 family

Deductibles, coinsurance and copays all accrue toward the out-of-pocket maximum (OOPM). Use of the emergency room for non-emergency conditions cannot be used to satisfy the OOPM.

NOTE: The out-of-pocket maximums do not apply to or include:

- expenses which are not covered by the Plan, for any reason;
- expenses in excess of Usual and Customary; and
- expenses which become the Covered Person's responsibility for failure to comply with the requirements of the Utilization Management Program.

COINSURANCE	IN-NETWORK <sup>1</sup> : 0% coinsurance OUT-OF-NETWORK <sup>1a</sup> : 30% coinsurance
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<sup>&</sup>lt;sup>1</sup> When travelling or living outside the Prominence UHN service areas, you are eligible to receive medical care by a Cigna PPO Network Provider under your In-Network benefits. To find a Cigna Provider, please visit www.myCigna.com <sup>1a</sup> Members who obtain covered benefits from non-plan provider will be responsible for all charges in excess of the Usual and Customary Rate (UCR) charge and you could be responsible for all expenses over and above the UCR. Those charges in excess of the UCR will not be applied to the out-of-pocket maximum. UCR services mean the maximum amount the plan will pay for a covered service.

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### **TMFPD PPO HD**

### **SUMMARY OF BENEFITS - COPAYS**

TYPE OF SERVICE	YOUR OUT-OF-POCKET EXPENSE PPO IN-NETWORK <sup>1</sup>	YOUR OUT-OF-POCKET EXPENSE PPO OUT-OF- NETWORK <sup>1a</sup>
Provider Office Visits		
<ul> <li>Primary care provider (PCP) office &amp; telemedicine visit</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
Specialist office & telemedicine visit	CYD/0% coinsurance	CYD/30% coinsurance
Charges in addition to the office visit copay may include		
In-office surgical procedure	CYD/0% coinsurance	CYD/30% coinsurance
<ul> <li>In-office injectable (excluding specialty drugs)</li> </ul>	CYD/20% coinsurance	CYD/30% coinsurance
There may be additional changes for other services in the		
provider's office. See this summary of benefits for details.		
PriorityCare		
Pinnacle Medical Group	CYD/0% coinsurance	Not applicable
Teladoc telemedicine		
Primary care	CYD/0% coinsurance	Not applicable
Mental Health	CYD/0% coinsurance	Not applicable
Alternative Medicine	CYD/0% coinsurance	CYD/30% coinsurance
Homeopathy, acupuncture and integrated medicine. \$1,500		
maximum per calendar year.		
Ambulance Services – Medically necessary only		
Air Ambulance	CYD/0% coinsurance	CYD/0% coinsurance
Ground Ambulance	CYD/0% coinsurance	CYD/0% coinsurance
Durable Medical Equipment – Rental or purchase	CYD/0% coinsurance	CYD/30% coinsurance
Covered when medically necessary, authorized by Prominence		
Preferred and in accordance with Medicare DME guidelines.		
Limited to one purchase, repair or replacement of a specific		
item of DME every 3 years from date of service.	CVD /00/ pairs assured	CVD /00/ pairs ====================================
Emergency Care – Includes surgeon and physician	CYD/0% coinsurance	CYD/0% coinsurance
charges The constructived when the member is admitted as an		
The copay is waived when the member is admitted as an inpatient directly from the emergency room. If you receive		
services from an out-of-network emergency care provider, you		
will be responsible for all expenses over and above the usual		
and customary rate.		



TYPE OF SERVICE	YOUR OUT-OF-POCKET EXPENSE PPO IN-NETWORK <sup>1</sup>	YOUR OUT-OF-POCKET EXPENSE PPO OUT-OF- NETWORK <sup>1a</sup>
Urgent Care	CYD/0% coinsurance	CYD/30% coinsurance
Hearing Aids	CYD/0% coinsurance	CYD/30% coinsurance
Covered once every 3 years, from date of service.		
Cochlear Implants	CYD/0% coinsurance	CYD/30% coinsurance
Home Health Care	CYD/0% coinsurance	CYD/30% coinsurance
Limited to 30 visits per calendar year.		
Hospice Care	CYD/0% coinsurance	CYD/30% coinsurance
Hospital/Outpatient/Ambulatory Services  Ambulatory and day-surgery series performed in a hospital or other facility.  Inpatient  Outpatient surgery	CYD/0% coinsurance CYD/0% coinsurance	CYD/30% coinsurance
<ul> <li>Observation – No additional copay if transferred from outpatient surgery</li> <li>Inpatient skilled nursing – Up to 100 days per</li> </ul>	CYD/0% coinsurance CYD/0% coinsurance	CYD/30% coinsurance CYD/30% coinsurance CYD/30% coinsurance
<ul> <li>calendar year</li> <li>Acute rehabilitation – Up to 60 visits per condition per member per calendar year</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
<ul> <li>Infusion Therapy</li> <li>Performed and billed by a physician's office or free-standing facility</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
<ul> <li>Performed and billed by a hospital outpatient facility</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
<ul> <li>In-network Provider-administered specialty infusions</li> </ul>	CYD/0% coinsurance	Not applicable
Oncology Infusion		
<ul> <li>Performed and billed by a physician's office or free-standing facility</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
<ul> <li>Performed and billed by a hospital outpatient facility</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
Kidney Dialysis Services	CYD/0% coinsurance	CYD/30% coinsurance



TYPE OF SERVICE	YOUR OUT-OF-POCKET EXPENSE PPO IN-NETWORK <sup>1</sup>	YOUR OUT-OF-POCKET EXPENSE PPO OUT-OF- NETWORK <sup>1a</sup>
Laboratory	CYD/0% coinsurance	CYD/30% coinsurance
Pathology	CYD/0% coinsurance	CYD/30% coinsurance
Mastectomy Reconstructive Services		
<ul> <li>Inpatient surgery</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
<ul> <li>Outpatient surgery</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
Maternity		
<ul> <li>Physician: Prenatal care and delivery</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
<ul> <li>Delivery room and well-baby hospital care</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
<ul> <li>Ancillary maternity charges – Including but not</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
limited to fetal non-stress tests and amniocentesis		
Medical Nutrition Therapy Counseling	CYD/0% coinsurance	CYD/30% coinsurance
Up to 25 visits per calendar year		
Mental Health Services – Severe Mental Illness		
<ul><li>Inpatient</li></ul>	CYD/0% coinsurance	CYD/30% coinsurance
<ul> <li>Day treatment program/Outpatient</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
<ul> <li>Outpatient office &amp; telemedicine visit</li> </ul>	CYD/0% coinsurance	
Mental Health Services – General Mental Health		
<ul> <li>Teladoc mental health services</li> </ul>	CYD/0% coinsurance	Not applicable
<ul> <li>Outpatient office &amp; telemedicine visit</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
Alcohol and Drug Abuse Services		
<ul> <li>Inpatient withdrawal/rehabilitation</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
<ul> <li>Outpatient rehabilitation/day treatment</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
<ul> <li>Outpatient office &amp; telemedicine visit</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
Bariatric Surgery	CYD/0% coinsurance	CYD/30% coinsurance
Includes inpatient or outpatient series. One procedure per		
lifetime.		
Nutritional Supplements	CYD/0% coinsurance	CYD/30% coinsurance
Enteral therapy and parenteral nutrition. Maximum 120 days		
supply for special food products.		
Organ Transplants	CYD/0% coinsurance	CYD/30% coinsurance
Ostomy Supplies	CYD/0% coinsurance	CYD/30% coinsurance



TYPE OF SERVICE	YOUR OUT-OF-POCKET EXPENSE PPO IN-NETWORK <sup>1</sup>	YOUR OUT-OF-POCKET EXPENSE PPO OUT-OF- NETWORK <sup>1a</sup>
Preventive Services <sup>2</sup>		
For a complete list of covered services, visit <a href="http://doi.nv.gov/Healthcare-Reform/Individuals-">http://doi.nv.gov/Healthcare-Reform/Individuals-</a>		
Colorectal cancer screening, colonoscopy,  signalization, or fosal assult blood test	No Charge	CYD/30% coinsurance
<ul> <li>sigmoidoscopy, or fecal occult blood test</li> <li>Mammograms - baseline and annual (including 3D and breast ultrasound)</li> </ul>	No Charge	CYD/30% coinsurance
<ul> <li>Pap and pelvic exams</li> <li>Periodic health assessments for hearing and</li> </ul>	No Charge No Charge	CYD/30% coinsurance CYD/30% coinsurance
<ul> <li>vision for ages 19 and under</li> <li>BRCA genetic counseling and testing services</li> <li>Prostate screenings</li> <li>Well baby and child visits, immunizations/</li> </ul>	No Charge No Charge No Charge	CYD/30% coinsurance CYD/30% coinsurance CYD/30% coinsurance
<ul> <li>vaccinations for children through age 17</li> <li>Preventive sterilization</li> <li>Preventive services related to infants, children,</li> </ul>	No Charge No Charge	CYD/30% coinsurance CYD/30% coinsurance
and adolescents for evidence informed preventive care and screenings		
Prosthetics and Orthotics		
Prosthetics and Orthotics – Foot orthotics up to	CYD/0% coinsurance	CYD/30% coinsurance
<ul> <li>one pair per calendar year</li> <li>Dental/oral orthotic appliances – TMJ and /or sleep apnea up to one appliance per calendar year</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
Radiation Oncology Therapy		
<ul><li>Specialist office visit</li><li>Hospital outpatient therapy facility fee</li></ul>	CYD/0% coinsurance CYD/0% coinsurance	CYD/30% coinsurance CYD/30% coinsurance
Radiology and Diagnostic Services		
Some invasive diagnostic procedures are treated as outpatient hospital visits		
<ul> <li>Routine X-ray and Routine Diagnostic Tests</li> <li>CT Scan and MRI</li> <li>Imaging and Complex Diagnostic Testing</li> </ul>	CYD/0% coinsurance CYD/0% coinsurance CYD/0% coinsurance	CYD/30% coinsurance CYD/30% coinsurance CYD/30% coinsurance
Spinal Manipulation	CYD/0% coinsurance	CYD/30% coinsurance
Includes all covered services related to the spinal		
manipulation. Up to 20 visits per year.		



TYPE OF SERVICE	YOUR OUT-OF-POCKET EXPENSE PPO IN-NETWORK <sup>1</sup>	YOUR OUT-OF-POCKET EXPENSE PPO OUT-OF- NETWORK <sup>1a</sup>
Temporomandibular Joint Dysfunction		
TMJ surgery – inpatient hospital	CYD/0% coinsurance	CYD/30% coinsurance
<ul> <li>TMJ non-surgical outpatient office visit</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
Therapies		
<ul> <li>Physical, occupational and speech – Limited to 120 visits per calendar year for all three therapy types combined.</li> </ul>	CYD/0% coinsurance	CYD/30% coinsurance
Autism spectrum disorder – Limited to 120 visits per year up to 750 hours per calendar year per member per year	CYD/0% coinsurance	CYD/30% coinsurance

<sup>&</sup>lt;sup>1</sup> When travelling or living outside the Prominence UHN service areas, you are eligible to receive medical care by a Cigna PPO Network Provider under your In-Network benefits. To find a Cigna Provider, please visit www.myCigna.com <sup>1a</sup> Members who obtain covered benefits from non-plan provider will be responsible for all charges in excess of the Usual and Customary Rate (UCR) charge and you could be responsible for all expenses over and above the UCR. Those charges in excess of the UCR will not be applied to the out-of-pocket maximum. UCR services mean the maximum amount the plan will pay for a covered service.

<sup>&</sup>lt;sup>2</sup> Some services listed may be billed as diagnostic procedures, not preventive/screening procedures, which could require a member to pay the share of cost as listed under "Radiology and Diagnostic Services". Diagnostic procedures are usually conducted when a member has already been diagnosed with an illness or disease, or a member is receiving follow-up treatment for an existing medical condition. In addition, a member share of cost might be incurred if additional procedures that are not listed on the "Preventive Services" list are conducted concurrently to the preventive service.



#### **TMFPD PPO HD**

#### PRESCRIPTION DRUG COVERAGE

Visit <u>www.ProminenceHealthPlan.com</u> to obtain updated information regarding the Formulary list, covered and non-covered drugs, and a list of participating pharmacies along with helpful information about generic equivalent drugs.

For more information about your pharmacy benefit, contact Prominence Pharmacy Help Desk at 844-282-5339.

IN-NETWORK PHARMACY	Your Out-of-Pocket Expense RETAIL	Your Out-of-Pocket Expense MAIL ORDER
Tier 0 Essential Health Benefits Includes certain vaccines, contraceptives, smoking cessation medications and more	No Charge	No Charge
Tier 1 Generic	CYD/\$15 copay	CYD/\$30 copay
Tier 2 Preferred brand	CYD/\$40 copay	CYD/\$80 copay
Tier 3 Non-preferred brand	CYD/\$60 copay	CYD/\$120 copay
Tier 4 Specialty drugs	CYD/20% coinsurance	Not available
Diabetic supplies obtainable from a pharmacy (including needles, syringes, test strips, lancets and alcohol swahs available		

Diabetic supplies obtainable from a pharmacy (including needles, syringes, test strips, lancets and alcohol swabs available at retail or mail order.



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#### **Prior authorization**

Prior authorization is the standard process of receiving approval for certain procedures and medical services to ensure that the requested medical care is appropriate and necessary. Not all services require a prior authorization from Prominence Health Plan. Your PCP (or specialist) obtains this on your behalf. For a complete list of services that require prior authorization, please visit the member portal on www.ProminenceHealthPlan.com or call 800-863-7515 to confirm if prior authorization has been obtained, if required.

#### Managing your care with a primary care provider (PCP)

As a Prominence Health Plan PPO member, you can choose from a comprehensive network of providers and services, from primary care providers (PCP), specialists, urgent care clinics, imaging centers, laboratories and more. We encourage you to establish a relationship with your PCP, who can help manage your care and ensure timely receipt of recommended preventive care that may be appropriate. It is always good practice to check with your PCP before seeking care from a specialist. Your PCP can help determine if specialty care (i.e., cardiology, gastroenterology, neurology, etc.) is needed.

#### Access to pediatricians

For children, you may designate a pediatrician as the primary care provider.

#### Access to OB/GYN physicians

You do not need prior authorization from Prominence Preferred Health Insurance or from any other person (including a PCP) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, contact Prominence Health Plan Customer Service.

#### Rescissions

Prominence Preferred Health Insurance will not rescind coverage once a member is enrolled unless the individual (or a person seeking coverage on behalf of the individual) performs an intentional act, practice or omission that constitutes fraud, or unless the individual makes an intentional material misrepresentation of fact, as prohibited by the terms of the Certificate of Coverage. Prominence Preferred Health Insurance will provide at least 60 days advance written notice to each participant who would be affected before coverage will be rescinded.

#### **Emergency Services are provided as follows:**

- a. Without prior authorization requirement, even for out-of-network services;
- b. Without regard to whether the provider of the services is in-network;
- c. If the services are out-of-network, without any administrative requirements or coverage limitations that are more restrictive than those imposed on in-network services; and
- d. Without regard to any other term or condition of the coverage other than: (1) the exclusion of or coordination of benefits; (2) an affiliation or waiting period permitted under ERISA, the PHSA, or the Internal Revenue Code; or (3) applicable cost sharing.
- e. Emergency care services performed by non-network physicians or providers will be reimbursed at the Usual and Customary Rate or at an agreed upon rate.

#### **Language Translation Services**

This information is available for free in other languages. Please call Customer Service at 800-863-7515 (TTY: 711) for more information.

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#### **TMFPD PPO HD**

#### Servicios de traducción de idiomas

Esta infomación está disponible gratuitamente en otros idiomas. Por favor llame al departamento de servicio de miembros al 800-863-7515 (TTY: 711) para mas información.

#### **Notice of Privacy Practices**

Member privacy and security are important to Prominence Health Plan. For comprehensive information about how we protect our personal health information (PHI) and how it may be disclosed, refer to the Certificate of Coverage (COC). Once a registered user, you can access the COC within the secure member portal at <a href="https://www.ProminenceMember.com">www.ProminenceMember.com</a> or you can call Customer Service and a copy can be mailed to you.

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